

Youth Ambassadors in China

**The experience of a lifetime as a member of the CCE Youth Volunteer Team!
Restoring the Great Wall and Saving the Giant Panda!**

The ancient Great Wall and the beloved giant panda are two of China's greatest cultural treasures, and they need your help! Join the Chinese Cultural Exchange Youth Ambassador Team for a unique opportunity to immerse yourself in Chinese culture and history, and provide crucial humanitarian work to save and protect these symbols of the ancient and modern Asian world.

June 25, 2009 to July 6, 2009

Beijing, Chengdu, Bifengxia and Shanghai

What's Included

- Fully escorted by program director & group leaders
- Airport pick-up & transfer
- All internal flights in economy class for group tours
- Land transportation
- English-speaking guides
- Most meals provided per itinerary
- Shared accommodation
- In-country orientation
- Transfer between airport, hotels
- Gratuities to guides, driver, hotel personnel and airport taxes.
- Two bottles of water per day
- Baggage handling for one piece of luggage per person
- Support: local in-country team and 24-hour emergency support

Program Cost:
\$1995 per person

Program Dates:
June 25 to July 6, 2009

Chinese Cultural Exchange, LLC.

22E Andover Drive, West Hartford, CT 06107, Tel: 860-953-3322 or 866-666-6520
E-mail: info@MingsChina.com, www.MingsChina.com

Itinerary

Day 1 **US/Beijing**

Meet Ming at the airport and we will leave the United States for Beijing. Cross the international date line. In-flight meals will be provided.

Day 2 **Beijing**

You will be met at Beijing International Airport by CCEs Beijing Volunteer Staff. Transfer to your hotel. Welcome Peking duck dinner. (D)

Day 3 **Beijing**

After breakfast, you'll visit Tiananmen Square, which at 98 acres, is the largest public square in the world and site of many history-making events. You'll enjoy a walking tour of the impressive Forbidden City, the secluded and guarded home to the Emperors of China. This evening attend a Dai ethnic dinner party and enjoy the famous Kung Fu Show. (BLD)

Day 4 **Beijing**

After breakfast, you'll visit Beijing's newest culture landmarks, the famous "Bird's Nest" stadium and "Water Cube" arena where the 2008 Olympics took place. Later, you'll enjoy an educational walking tour of the Beijing old neighborhood. (BLD)

Day 5 **Beijing**

The work begins today! After breakfast, we'll travel about 70km northeast to Huairou County to start our preservation work on the Mutianyu section of the Great Wall. This is one of the most picturesque segments of the Great Wall, so bring your camera and be prepared to do some hiking in addition to your clean-up work! In the evening you'll return to Beijing. (BLD)

Day 6 **Chengdu**

In the morning you'll fly to Chengdu, capital of Sichuan Province, then travel about 150 km more to Bifeng Gorge. The steep road up the Sichuan mountains leads to the Bifengxia Panda Research Base at an elevation of 4,500 feet! (BLD)

Day 7 **Bifengxia**

Today's the day you become a "real" panda keeper! You'll enjoy a delicious breakfast, Then go right in to a lecture by a director of the research facility. You'll be fitted with an official uniform and treated just like one of the staff. That means you'll have access to restricted areas and, best of all, hands-on contact with the pandas! You'll be like an apprentice, and your master will be one of the keepers who will show you how these beautiful, endangered animals are cared for. You'll gather bamboo (the main diet of the panda), clean up after the pandas and you will even get to feed them by hand. Take your camera! Your unrestricted access to the facility will allow you to take some great photos after your work is done! (BLD)

Day 8 **Bifengxia**

Be ready to work all day today! After breakfast, you'll start work right away at 8 a.m. caring for the pandas. At 11a.m., you'll break for lunch and have a chance to walk around the center and photograph the pandas. It's back to work from 2:30p.m. until 4p.m. Later, the Bifengxia Panda Research Base will hold a special dinner thanking you for your volunteer work at the center and will present you with a certificate of appreciation. (BLD)

Day 9 **Chengdu**

Today, you'll say goodbye to the pandas. After some free time in the morning to take some last-minute photos of "your" pandas, you'll return to Chengdu and tour one of that city's most interesting and ancient thoroughfares –Jinli Old Street. Everyone who works in this shopping and dining district dresses in old-style, traditional clothing. You'll enjoy charming Sichuan customs, taste some of its famous spicy food, and shop for the handicrafts and folk art for which this region is known: paper cutting, clay figurines, and Shu embroidery. Later, you'll attend a performance of the Sichuan Opera, famous for its actors who magically change faces and spit fire. (BLD)

Day 10 **Shanghai**

Today you'll fly to Shanghai in the morning. With a population of more than 20 million, it's China's largest city, well known for its mixture of ancient landmarks and ultramodern skyscrapers. Our CCE guide will meet you and escort you to the railroad station, where you'll enjoy a ride on the Maglev, the fastest train in the world with speeds that top 430km per hour! After lunch you'll check in to your hotel and rest a bit before your dinner of traditional Shanghai cooking. (BD)

Day 11 Shanghai

Today you will visit the famous Nanjing Road, the world's longest shopping district and a center of commerce in Shanghai for more than a century. You will be delighted by its shops, restaurants and cafes, and amazed by places such as the century-old Central Market, an outdoor marketplace which today specializes in electronic components and digital media. Nanjing Road is also the site of Shanghai's oldest and largest department stores and most prestigious historic hotels. After you explore Old Shanghai, you'll enjoy an acrobatic show in the evening. (BLD)

Day 12 US

This morning you will be transferred to Shanghai International Airport in time for your international flight home. Arrive home the same day. (B)

Optional Add-on Program Qingdao

Day 12 Qingdao

Fly to Qingdao in the morning. Qingdao, also well-known to the West by its old spelling - Tsingtao, is a beautiful coastal city, the Home of Tsingtao beer and host city of 2008 Olympic Sailing Games. Upon arrival at Qingdao Airport, transfer to your hotel. Afternoon city sightseeing to Zhanqiao Pier, Badaguan. Evening visit to a local family and make dumplings with them. (BLD)

Day 13 Service with Local Youth

Qingdao has a several public beaches and No. 1 is the biggest and one of the largest public beaches in China. Due to its popularity, there is also an ongoing need to clean and steward the area. We will spend the day working with local youth volunteers to clean up the beach, and help to preserve and protect this treasured destination. (BLD)

Day 14 Laoshan

Full day trip to Laoshan and Taiqing Palace. Different from many famous mountains in China, Laoshan Mountain rises from the sea level, and has a coast line of 87 kilometers, structuring a wonder on the sea. In the afternoon you will arrive at Taiqing Palace: As the birth place of Laozi, it has more than 140 rooms including Three Gods' Hall, Three Purities' Hall and Three Emperors' Hall. Dinner will be a northern style cuisine. (BLD)

Day 15 Return Home

Morning flight to Beijing and transfer for your flight home. (B)

Cost: \$695 including flight/train from Shanghai to Qingdao and Qingdao to Beijing

Travel itinerary subject to change.

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Terms & Conditions

Program Cost: Total program cost is \$1,995. A \$500 per person deposit is required to secure your reservation. Final payment will be due 90 days before departure. Program cost is based on current exchange rate and subject to change due to foreign currency fluctuation.

Cost of Program Does Not Include: International roundtrip airfare not listed in the "Included Features" section; passport and visa application fee, personal items and expenses, excess baggage; additional beverages with dinner or at any other time not mentioned as included.

Passport and Visa: A valid passport for at least six months after the date of return is required. We can apply for the Chinese visa on behalf of tour participants. (Chinese visa application fee \$180.00)

Cancellation Policy: Chinese Cultural Exchange, LLC (CCE) must strictly adhere to its cancellation policy to offset costs incurred prior to the commencement of the tour, which may include, but are not limited to: advance payments to land operators, communication expenses; development/promotional expenses; and the loss of time that might have permitted resale of reserved space. Cancellation for all or any part of the trip will not be effective until they are received in writing in the office of CCE. Cancellation received after confirmation of booking and up to 90 days before departure, is subject to a \$300 per person cancellation fee. No refunds will be given for cancellation within 90 days of departure.

Travel Insurance: Travel insurance must be purchased for the entire program. If the student already has a medical insurance policy in place, please make sure the coverage is applicable in China. A copy of Travel Insurance must be submitted to CCE along with final payment.

Liabilities Clause: Chinese Cultural Exchange, LLC (CCE) and the sponsoring organization act only as agent for the passenger with respect to travel services. We assume no responsibility or liability in whole or in part for any injury, damage, loss, delays, delayed or changed departure or arrival, missed carrier connection, weather, strikes, acts of God, circumstances beyond our control, war, quarantine, criminal activity, expense, accident, sickness, injury or death to person or property, or mechanical defect, failure or negligence of any nature howsoever caused in connection with any accommodations, restaurant, transportation or other services or for any substitutions of hotels, or of common carrier equipment beyond our control, with or without notice, or for any additional expenses occasioned thereby. If due to weather, flight schedules or other uncontrollable factors you are required to spend an additional night, you will be responsible for your own hotel, transfers and meal costs. No refund will be made for any unused portion of the tour due to these causes or voluntary cancellations, Baggage and personal effects are the sole responsibility of the participant at all times. The right is reserved to decline to accept or retain any person as a member of these tours at any time. CCE reserves the right to change the itinerary of the tour without prior notice. CCE shall not be liable for any loss whatsoever to passengers by reason of such cancellation, substitution or changes. If the tour is cancelled by CCE for any reason, CCE shall have no liability beyond the refund of all tour participants' deposits received by it. CCE may increase the tour price in the event of cost increases. The airline tickets when issued shall constitute the sole contract between the air company concerned and the purchaser of these tours and/or passenger. The carriers are not responsible for any act, omission, or event during the time tour participants are not aboard their conveyance. Any litigation concerning this tour must be brought in the State of Connecticut. Upon payment of a deposit, tour participants indicate acceptance of the above terms and conditions.

Rules: All participants must abide by the rules and regulations. Also, all Chinese laws apply to students. Be aware that those laws may carry much harsher penalties than US law. In particular, no alcohol or illegal drug use or possession will be tolerated at any time. Program director or group leader may terminate any participation due to conduct s/he deems inappropriate. Terminated student will be sent home at the student's expense. Any legal fees incurred by a student will be at the student's expense. CCE will not be responsible for obtaining a student's release from jail.

Emergency Medical Authorization: Should student become ill, injured or require emergency or other medical treatment, including hospitalization and/or surgery, during the trip, student and parent hereby request, authorize and give full permission and consent to the CCE parties to act on each of student's and parent's behalf and in their stead and also to contact parent and student's emergency contact and discuss the nature of student illness or injury with such parties.

Use of photos and comments: By agreeing to these Terms and Conditions you agree that CCE and our partner organizations may use any photo, or still or moving image which we or someone on our behalf takes of any member of your Travel Group; or any comments (written or verbal) you make during or in connection with your booking for our promotional/ marketing purposes (such as including them in our brochure /website) without obtaining any further specific permission or making any payment to any such person.

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General Information

Preparation for the Journey

Passport

A valid passport is required. There must be spare blank visa pages in the passport. Pages for endorsements or amendments can not be used as a visa page. The passport should be valid for at least 6 months at the time of applying for the Chinese visa.

All members of the team are required to check the validity of their passport and signature before hand it to the Chinese Cultural Exchange for the Visa Application.

Visa

A Chinese Visa is required for a non-Chinese passport holder to enter into China.

Applicants can choose to submit their applications in person or authorize Chinese Cultural Exchange to apply for visa on their behalf. Please be aware that applications by mail are not accepted by Chinese Consulate-General.

Please mail in the following documents to CCE within 90 days before your departure to apply for your visa:

- 1 Actual passport, signed, has sufficient* validity and one blank visa page
* Passport Remaining Validity Required: minimum validity of 6 months required for Single Entry Visa.
Non-US passport holder applying for visa must also supply a photocopy of US Green Card.
- 2 One completed and signed Visa Application Form per person
- 3 One recent "2 x 2" passport photo per person
- 4 Check of \$180 per person made payable to CCE

Vaccination and medical matters:

We suggest all members of the team check with their doctor and make sure you have the right vaccinations before the trip. The suggested vaccinations you should have are as follows:

Diphtheria, Tetanus, Polio, Hepatitis A, Malaria

Please be aware that you should not drink the water from the tap directly and be careful with raw food. Always wash fruit before consumption. Please always check with your group leader if you are not sure about the food.

If you do get separated – don't panic!

- Check your name badge and call your program director or group leader.
- In a public building or museum: go to the reception area and wait.
- On the underground or bus: get off at the next station and stay at that station – we will come back for you.
- On the train: stay in the door way between carriages and do not talk to any strangers - we will come to find you.
- DO NOT try to go back to the Hotel on your own until you have waited for us to find you for TWO hours.

Due to the risk of getting sunburn/heat stroke:

- Consult with your doctor for precaution advice.
- Always remember to put on the sun cream and hat. Sun glasses are needed when it gets hot.
- Try to stay in the shade. Keep drinking water, try to drink water with added sugar and salt if you have been sweating. Each member is required to use a transparent bottle. The group leader must check if any member in your group has not been drinking water at least once every hour.
- If anyone feels dizzy or needs to vomit, report to group leader or staff immediately.
- While traveling by the boat/cruise, do not try to touch the water!!!
- While climbing mountains/Great Wall, do not wear shoes with heels, do not try to jump, run, chasing each other. Stay in your group!!

- Do not leave the hotel, unless given explicit permission by your group leader or a member of staff.
- Listen to the guides and ask questions – they will give you a good understanding of how local people think about their own history.
- Above all, enjoy yourself and help everyone else in the team enjoy themselves by being considerate of others. Traveling with a group is always fun unless people put their own interests above those of the other members.

What you need to bring

Food

Most of your meals are included (see your itinerary for meal info.) But it is worth budgeting for something to sustain you at the airports – especially on the way back from China. If you do not like Chinese food please bring some dry foods

Drinks

You will get two bottles of water everyday. One cup of soft drink is covered in the set meal. Restaurants in neither city will serve tap water at dinner, and it is considered a discourtesy to ask. Therefore you should bring some money to pay for drinks, at these and other times. We will try and stop off at supermarkets when appropriate.

Souvenirs

You will undoubtedly wish to buy some mementos of your visit to shower on your beloved family on your return. You should be aware that you might want to buy guidebooks from the museums and sights that you visit, but these can be quite expensive.

How much?

- We would recommend \$200 as a more than reasonable amount.
- We strongly recommend you not to take too much cash with you. Bring some money in Chinese RMB for the first two days' expenses (300 Chinese RMB will be enough).
- If you do want to bring more money with you, we strongly recommend you to bring an ATM card with you. There are ATM machines everywhere.
- Bring a wallet or money pouch for safe keeping.

Packing List

It will be **very hot** in Beijing, Chengdu and Shanghai in July! So you must ensure that your clothing reflects this.

<p>Must Items:</p> <ol style="list-style-type: none"> 1. passport 2. two photo copies of your passport 3. personal details (small water proof card) 4. doctor check-up medical form 5. travel insurance 6. spending money 7. back pack 8. watches 9. sun cream 10. spare glasses (if you wear glasses) 11. sunglasses (spare glasses) 12. alarm clocks 13. suitcase pad locks (keys) 14. camera and charger 15. note book for writing / diaries 16. entertainment / MP3 players / books 	<ol style="list-style-type: none"> 17. wet wipes (small pack) 18. hairbrush 19. medicines if require 20. slippers – water proof 21. wash bag 22. toothpaste 23. toothbrush 24. shampoo 25. moisturizer 26. deodorant 27. disinfectants (Dettol) 28. mobile phones (international) 29. credit for phone 30. mobile charger 31. CDs / materials 32. memory sticks
<p>Suggested Items: Casual wear:</p> <ol style="list-style-type: none"> 1 light jacket 1 anorak (water proof) 3 white polo shirt (official team) 3 red polo shirt (official team) 2 pair shorts 	<p>Formal wear for business</p> <ol style="list-style-type: none"> pair shoes evening wear shaving cream (boy) insect repellent hand sanitizer

2 pair trousers 1 pair jean 1 swimwear 3 t-shirts 1 night wear 1 sunhats 1 pair sandals 1 pair trainers underwear socks	insect bites cream traveling sick tablets (if require) pain killers plasters batteries nail file face washing cream period pads/tampons (girls)
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Required items for Great Wall project: 1 pair of folding trash pick-up tool 1 pair of working gloves 1 pair of walking boots/sneakers (close-toed shoes only)

Luggage and personal belongings

weigh no more than 50 pounds, and its height + length + depth must not exceed 60 inches. Carry-on baggage is limited to one piece per traveler plus one personal item such as a purse, small backpack, or camera bag.

Your carry-on bag: Each member of the tour party is allowed one suitcase. Each suitcase may weigh no more than 15 pounds, and its height + length + depth must not exceed 45 inches. Please make sure that your bags are clearly labeled with your identification tags.

Emergency Procedures

- In an emergency, please report to your group leader immediately. Stay close to your group leader.
- The group leader should take charge and ensure that emergency procedures are in place and that back up cover is arranged.
- The group leader should establish the names of any causality and get immediate medical attention for them.
- The group leader should ensure the whole group is safe and looked after.
- Notify the Police if necessary.
- Notify parent and student's emergency contact
- Notify the US Embassy/Consulate.

Travel Details

- Please ensure you have your valid passport with you. Your passport number should be the same as the number you use to book the flight ticket.
- When passing through customs and passport control, please ensure you stay together with the whole team. If you arrive in Beijing separately, please wear you name badge. CCE's local staff will meet you at the exit area with your name.

Things to keep in mind while traveling:

- Don't put money or any valuables (camera, jewelry, etc. in your suitcase).
- Keep a change of clothes in the carry-on in case your suitcase is lost.
- Be careful that your passport or wallet doesn't fall out of your pocket or bag while traveling. (Find a safe place) and check if you have everything when leaving the plane/bus.
- Have your name, address and phone number(s) inside each piece of luggage.
- Remember that many suitcases or bags look alike. Find a way to identify your luggage and make sure you pick up the right suitcase at the baggage claim. * Don't leave personal items unattended at any time.
- LEAVE A PHOTOCOPY OF YOUR PASSPORT AT HOME.
- Avoid putting wallets in back pockets.

Telephones/Communications

- CCE will help members to rent a cell phone in China. The cost of the cell phone is \$80 which includes one cell phone, one sim card and 200 domestic minutes.
- Calling cards or collect calls is also a possibility. Hotel room telephones cannot be used for outside calls.

Hotel

- Prior to curfew, students may visit each other's rooms. However, no men will be allowed in women's rooms or vice versa. Men and women may socialize in appropriate public areas of the hotel.
- Great care must be taken not to allow doors to slam.
- The number of students in any one room is not to exceed eight at any time.
- There is to be no talking or running in the halls; there may be other guests on our floor(s).
- Both electronic and voice volumes must be kept at a reasonable level within rooms.
- Room furniture may not be moved.
- If a student needs to call home, they must use the lobby phone with an international calling card prior to curfew.
- No food items may be ordered.
- Students must be in their own rooms by curfew.
- Each evening, after the curfew, there will be a room check and head count by group leaders. No one may leave the room after the room check unless an emergency exists.
- If an emergency arises after the room check, a student should solicit the help of the group leader or security guard on duty in the hall.
- Group leader will have a room key and are authorized to enter rooms if the need arises.
- Students must check-in with their group leader at breakfast each day.
- Rooms must be left in same condition as they were found and trash is to be properly discarded.
- All hotel items (towels, ice buckets, blankets, etc.) must be accounted for.
- Any room damage or additional charges will be paid for by the students assigned to the room.
- Use of any hotel facilities and equipment will be at the discretion of the directors and the hotel management.

Emergency Contacts Numbers for Parents

In an emergency, if you need to contact your child or you will be delayed on the day of travel, please contact Ming/Greg on their mobile. Our contact in the U.S. will be Mr. Patrick. If there is an emergency and you cannot contact us, first leave a message with Chinese Cultural Exchange, but outside office hours please contact Mr. Patrick who will contact Group leaders immediately.

Program Director: Ming Hua He: Tel: 01186 13522211900 (24 hrs)
Beijing office manager: Jason: Tel: 01186 13911156170 (24 hrs)

Contact e-mail address: info@Mingschina.com

If parents want to get in touch with their child while the group is in China, please send the email to CCE's contact email address: info@Mingschina.com or call the office at 860-953-3322 during working hours. The staff in the office will pass your message to us.

***A detail, up to date contact info, including hotel name/address/telephone number will be provided 30 days before departure.

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Trip Permission, Medical Release, and Medical History

I hereby give permission for my child, _____, to attend the Youth Ambassadors Volunteer Trip to China with Chinese Cultural Exchange from June 25 2009 to July 6, 2009.

I, the undersigned parent or legal guardian of _____, do hereby authorize Chinese Cultural Exchange, LLC and its agents or representatives to consent, on my behalf, to any medical/hospital care or treatment during this trip, to be rendered upon the advice of any licensed physician. I agree to be responsible for all necessary charges incurred by any hospitalization or treatment rendered pursuant to this authorization.

My son/daughter has personal health and accident insurance coverage for this trip.

Insurance Provider:

Policy/Group Number:

Telephone Number:

Please complete the following. Your responses will be reviewed by medical professionals including whenever your student requires medical care during the trip. All of this information will be kept in strict confidence.

Known Medical Conditions:

Known Allergies:

Name and Dosage of Prescription Medications. Please indicate for each medicine if supervised administration is necessary. *All medications must be in original, labeled containers.*

Provide emergency contact information below:

Parent/Legal Guardian Name(s): _____

Father's Phones: Home _____

Business _____

Cell _____

E-mail: _____

Mother's Phones: Home _____

Business _____

Cell _____

E-mail: _____

Physician(s) Name: _____

Phone # _____

Parent/Legal Guardian Signature

Date

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